

NAMOSI CHALLENGE 2025

HALF MARATHON (21.1KM) PARTICIPANT INFORMATION

Location

The start line for the half marathon will be between Nasirotu and Nabukaluka. Half marathoners will need to select a bus ticket as part of their entry and the buses will take you to the start line.

- Buses will depart from Suva (MH Superfresh) on the corner of Princes and Mead Roads
- Buses will be leaving very promptly at 4:45am - therefore please arrive at 4:30am to ensure you are on the bus.
- Buses will return you from the finish (Namosi eco -village) to MH Superfresh

Time

The half marathon start time will be **6:30am**.

Course

Please follow markings and course marshal directions. This is a trail run and some parts of the course may be loose or slippery underfoot, particularly after rain. The course is also hilly. There is about 600 meters of elevation. Be prepared for a challenging race.

Hydration and Nutrition

Whilst there are some water stations on the course, you will need to carry your own water / electrolytes and energy supplies (e.g gel, candy, banana).

Registration

Registration is through our partners, Ticketmax. Registration for the event will close on June 2nd. This is a sell-out event and we highly recommend that you make your registration as early as possible. Participants are capped at 500.

Bib Collection

You will need to collect your bib prior to the race. Bib collection will occur on June 6th (time and location to be confirmed). If you are not able to collect your bib at the designated time then you will need to organise someone to collect it on your behalf. Participants must have a bib to be eligible to join in the race.

Post race

There will be a 'finishers area' with entertainment and a refreshing river to soak your tired legs in! There will also be refreshments and fruit to help with your recovery. You will be able to pre purchase brunch, organised by the Namosi eco-village through your ticketmax entry.

Awards

All finishers will receive a medal! There will be awards for first, second and third places for

- 10km women (individual)
- 10km men (individual)
- Half marathon women
- Half marathon men
- Team challenge women
- Team challenge men
- Team challenge mixed

General notes

- If you feel unwell please move to the side of the road, rest and drink water. If you require assistance, please notify the nearest runner or marshal (bearing in mind that there will be long stretches without a race marshal). Paramedics will be on the course.
- This is 'Fiji's Toughest Run' and there are some significant hills - it is fine to walk!
- Race numbers should be pinned to the front of your shirt

Race rules - do's and don'ts

- Bibs - bibs are allocated to individuals who have registered. Ensure you are wearing the correct bib.
- Teams - all of your team members must have completed the waiver before the race.
- Changes to registration (example changing team members or switching events) must be done prior to June, 2nd. Changes will not be permitted after that date.
- You must follow the directions of the course marshals
- Always be kind to the volunteers!